





along the Romantic Route of Ciociaria

Everyone loves Italy and people seem to love the same destinations...

Let us introduce you to a new spot, a new destination that, we are sure, you will love – **CIOCIARIA!**

Travel just 90 km outside Rome to see an entirely different side of life and to discover the whole new world <u>of hidden historic treasures</u>, <u>beautiful scenery</u>, rolling hills, olive groves, pretty hilltop villages, <u>heavenly wine and delicious food</u>!

Tour Name: "Ciociaria Romantique"

Duration: 6 nights / 7 days

Includes: 4 nights in the Roman countryside, 2 nights in Rome, 4 days car rental, 4 dinners, 1 "aperitivo", a picnic basket, liquor tasting, train tickets, pick-up/drop-off

Activity: self-guided

Tour price: 850 euro* 998 euro

(total cost per 2 persons)

^{*}depends on demand and availability, so don't delay!



"Ciociaria Romantique" self-guided tour is available from March 2015 to November 2015 at a special price! Travel in the dates that work best for you, follow the suggested itinerary and discover the best of the Romantic Route of Ciociaria in your own way and on your own pace!

4 days rental of a midsize car during your stay at "La Preta Nera" B&B is included in the price!







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the tour

The itinerary of this self-guided tour goes across a territory of great scenic beauty, a combination of nature, fascinating history, and traditional Italian hilltop living. This tour is a popular choice with visitors who like a little of everything.

Make a photo of the biggest oak of Lazio.

Visit Boville Ernica and San Donato Val di Comino, both listed within "I Borghi più Belli d'Italia" (the most beautiful villages of Italy).

Grab your camera and go one day into the wild of Circeo National Park to enjoy the superb views of Ulysses Riviera and a romantic picnic at a dune beach.

All the above mentioned is joined of course to fabulous food and heavenly wine served at candlelight at the most romantic restaurants of the area.

itinerary at a glance

Day 1	Arrival at "La Preta Nera" B&B, dinner in a private home
Day 2	San Donato Val di Comino, "Tracciolino", Atina
Day 3	Boville Ernica, Collepardo, Alatri
Day 4	Circeo National Park, Fossanova Abbey, Possedi
Day 5	Leaving Ciociaria and arrival in Rome
Day 6	Rome
Day 7	Departing home from Rome







along the Romantic Route of Ciociaria

detailed itinerary

Day 1 Join "La Preta Nera" B&B (Giuliano di Roma)

Make your own way to Rome. From Rome Termini train station travel to Priverno-Fossanova. The train ride from Rome Termini to Priverno-Fossanova railway station (which is only a 10 minutes ride by car from "La Preta Nera" B&B) is about 75 minutes. We will meet you at Priverno-Fossanova railway station on your arrival and will take you to "La Preta Nera" B&B. The rest of the day is free and you can start exploring Ciociaria. One of the things that you can do is grabbing your camera, going 11 km north of Giuliano di Roma to see the biggest oak of Lazio -34 metres high and 7 meters in circumference. At night enjoy home-cooked meals in one of cosy private homes of Giuliano di Roma .

<u>Distances</u>: Rome – "La Preta Nera" B&B – 96 km.

Day 2 Visit San Donato Val di Camino, Atina, wine tasting dinner in Atina

Your main destination today is San Donato Val di Comino, leaned on the slopes of the Apennines, offering visitors fantastic views on the surrounding countryside. San Donato Val di Comino is listed within "I Borghi più Belli d'Italia" (the most beautiful villages of Italy). To get there first reach Rocasecca and then move on to Casalvieri along the fantastic panoramic road of "Tracciolino". Don't miss visciola liqueur, the real speciality of this area. On your way back to Giuliano di Roma, step off the romantic road and visit a charming town of Atina, along the Cabernet di Atina DOC Wine Route. A romantic wine tasting dinner will be waiting for you in Atina.

<u>Distances</u>: "La Preta Nera" B&B – Roccasecca – 50 km, Roccasecca – Casalvieri ("Tracciolino") – 15 km, Casalvieri – San Donato Val di Comino – 22km, San Donato Val di Comino – Atina - 13km, Atina - "La Preta Nera" B&B – 81 km

Day 3 Visit Bollive Ernica, Collepardo, Alatri

Visit Boville Ernica, listed within "I Borghi più Belli d'Italia" (the most beautiful villages of Italy). Then move on to Collepardo, a small medieval picturesque town. Don't miss the Caves of Bambocci with the charming view of the stalactites, stalagmites, lakes and calcite draperies.







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detailed itinerary

Make your way to Pozzo d'Antullo (Antullo's Well), a huge pit formed by the collapse of the ceiling of an underground, ellipsoidal cavity, whose circumference is of 300m and it is 80m deep. Be sure to visit CERTOSA DI TRISULTI, rising up at an altitude of 825 metres, immersed in secular oak woods of the Hernici Hills, a perfect place to regenerate and find serenity, to immerse yourself in an atmosphere of emotions, art and culture. Finish to explore Collepardo with a guided tour to one of the most oldest liquor distilleries of the region. A romantic dinner will be waiting for you in Alatri, a town that still today arouses curiosity and amazes with its impressive cyclopic walls.

<u>Distances</u>: "La Preta Nera" B&B – Boville Ernica – 32 km; Boville Ernica – Collepardo – 31 km, Collepardo – Alatri – 9 km, Alatri - "La Preta Nera" B&B – 26 km

Day 4 Visit Parco Nazionale del Circeo, Fossanova Abbey, Possedi

Take a picnic basket and head to Parco Nazionale del Circeo that boasts plenty of fantastic places suitable for a romantic picnic to choose from. You may like Circeo promontory, with its peak at approximately 1,775 feet above sea level. OR Selva di Circe, one of few of the best-preserved and largest plain forests existing in the country. OR a beach with coastal dunes, a unique setting even for Italy. OR one of the four successive littoral lakes – Fogliano, Monaci, Caprolace and Paola. Within the park is a network of footpaths which are ideal for hikers and nature enthusiasts alike. In the afternoon move on to Fossanova Abbey for a photostop and a romantic "aperitivo". Enjoy a candlelight dinner in Prossedi.

Distances: "La Preta Nera" B&B – Circeo National Park – 52 km, Circeo National Park – Fossanova – 29 km, Fossanova – Prossedi – 13 km, Prossedi - "La Preta Nera" B&B – 7 km.

Day 5 Join Rome

The day is free and you can decide whether to leave for Rome in the morning or to stay in Ciociaria till afternoon, perhaps to see one more of its treasures ©.

Click here to learn more about places to visit in Ciociaria https://lapretanera.wordpress.com/2014/07/02/ciociaria-art-history/http://lapretanera.wordpress.com/2014/07/04/ulysses-riviera/http://lapretanera.wordpress.com/2014/07/02/ciociaria-sensational-scenery/







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detailed itinerary

Travel to Rome in the comfort of the train. It will take you 75 minutes to get to Rome. Make you way to your apartment where you can leave your luggage, refresh yourself and plan your perfect sightseeing. You will be accommodated in a double-room in a 3-room spacious self-catering apartment situated in via Cesare Pavesi in the neighborhood of EUR, not far from Laurentina metro stop (Line B, 10 stops from city centre). The apartment has two bathrooms, a kitchen and a balcony. Breakfast is not provided.

Day 6 Exploring Rome on your own

Travelling in Italy is always lovely! So enjoy a day in Rome, revel in endless artworks and antiquites, stroll though ancient streets and splendid gardens, grab a slice of authentic pizza, eat gelato and have a glass of Frascati at one of the city's exquisite squares!

Day 7 Departing

Leaving Rome and going back home.

Our tour outlines are ideas of what you can see and experience, but you're individual, and so tours can be tailored to include all, or selected places of interest, please, just ask.







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inclusions (per each party of the group)

- ✓ train tickets from Roma Termini to Priverno-Fossanova and from Priverno-Fossanova to Roma Termini
- ✓ pick-up and drop -off at Priverno-Fossanova railway station
- ✓ 4 nights accomodation at "La Preta Nera" B&B in Giuliano di Roma (FR) in a double room
- √ 4 breakfasts at "La Preta Nera" B&B in Giuliano di Roma (FR)
- ✓ one dinner in a private home
- ✓ a guided visit to a local liquor distillery
- ✓a picnic basket
- ✓one "aperitivo"
- √1 wine-tasting dinner
- ✓ 2 dinners
- \checkmark 2 nights accommodation in a spacious self-catering apartment in Rome (a double room in a three room apartment)

inclusions (per group)

- ✓ 4 days rental of a midsize car during your stay at "La Preta Nera" B&B in Giuliano di Roma (fuel is not included)
- ✓ information kit and maps

what's NOT included

✓ anything not specifically mentioned in the "inclusions"







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how to book

1. Send an Enquiry

Fill in our online Enquiry form and SUBMIT it to us. This self-guided tour is available from July 2014 to October 2014! Travel in the dates that work best for you but please take note that Vacation packages are subject to availability and may not be available on every date.

2.Get a Quote

As soon as we get your enquiry, we will check the availability and you will receive our reply by email within 24 hours. We offer a standard 6 nights / 7 days self-guided package tour and the quoted price of the tour is based on 2 persons travelling. If there are more people travelling together, if you are a family with children or in case you want the package to be tailored to meet your needs, just contact us and we will offer you our best price under the current economic conditions depending on the season, special offers and the number of participants. Upon your receipt of our reply, please study carefully the quotation we have prepared for you. The quotation is a no obligation draft for your review and comments. Any additions or modifications will be implemented and a new proposal will be forwarded to you for approval!

3. You like what you see!

Upon meeting your requirements and expectations, you will be requested to pay the 30% of the total cost of the holiday package to reserve your vacation. The final payment of the balance is due at least 15 days prior to your arrival date.

4. Buon viaggio!

Approximately 10 days prior to your departure we will send you all the important detailed information about your holidays including addresses and our phone & mobile contact numbers.

talk to us

If you require any further assistance regarding this tour or any other tour, please contact us at trueblueitaly1@gmail.com or at cell. +393667037374 (Tatiana), +393285720000 (Riccardo).







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our contacts

True Blue Italy sas
di Riccardo Abet & C.
P.IVA/CF. 02584010603
accomodation - food - property - travel

showroom . via Cavour 9, 03020 Giuliano di Roma (FR) Italia Contact : Riccardo Abet - Tel + 39 328 57 20000

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